

# Proclamation

## DECLARING FEBRUARY 2024 AMERICAN HEART HEALTH MONTH

**WHEREAS**, cardiovascular disease affects men, women, and children of every age and race in the United States (U.S.); from 2019-2020, deaths from heart disease increased by 4.8%, the largest increase in heart disease deaths since 2012, and stroke deaths increased in the same period by 6%, cardiovascular disease continues to be the leading cause of death in the U.S.; and

**WHEREAS**, between 2018 and 2019, cardiovascular disease accounted for \$407,300,000,000 in health care expenditures and lost productivity, and if not addressed, will account for \$1.1 trillion in health care expenditures and lost productivity annually by 2035; and

**WHEREAS**, individuals in the U.S. have made great progress in reducing the death rate for cardiovascular disease, but this progress has been more modest with respect to the death rate for cardiovascular disease in women and minorities; and

**WHEREAS**, cardiovascular diseases are the number one killer of women in the U.S., killing more women than all forms of cancer combined, and cardiovascular disease is the leading cause of maternal death in the U.S., or more simply put, heart disease is the No. 1 killer of new moms; and

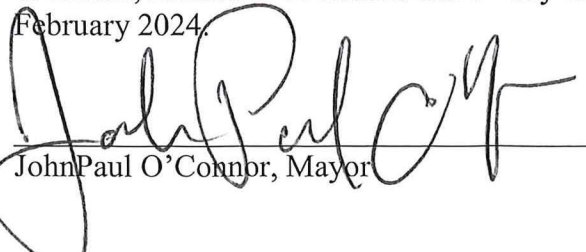
**WHEREAS**, for most women, life is measured by ages, stages and seasons. From adolescence to adulthood, into the workforce for some, motherhood for others and for many women – both – as the milestones of a woman's life changes, so do her unique risks for developing cardiovascular disease.

**NOW, THEREFORE, ON BEHALF OF THE CITY COUNCIL AND THE PEOPLE OF THE CITY OF WESTLAKE, I, JOHNPAUL O'CONNOR, MAYOR OF THE CITY OF WESTLAKE, BY VIRTUE OF THE AUTHORITY VESTED IN ME, DO HEREBY OFFICIALLY PROCLAIM AND RECOGNIZE FEBRUARY 2024:**

### "AMERICAN HEART MONTH"

**BE IT FURTHER PROCLAIMED BY THE CITY OF WESTLAKE** that this proclamation is duly sealed, ribboned and approved by the members of this Council. The foregoing proclamation was sponsored by Councilwoman Charlotte Leonard, and upon unanimous consent of the Council, the Mayor declared the proclamation duly enacted.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Westlake, Florida to be affixed this 6<sup>th</sup> day of February 2024.

  
John Paul O'Connor, Mayor

ATTEST:

  
Zoie P. Burgess, CMC  
City Clerk